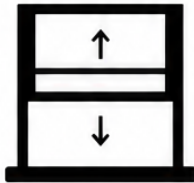




# Opening the Window

*Because what we perceive shapes how we respond.*

SOME HUMANS HAVE A SMALLER “WINDOW” OF TOLERANCE FOR:	WHAT MAY APPEAR AS:	MAY ACTUALLY BE:
<ul style="list-style-type: none"><li>• demands</li><li>• sensory input</li><li>• expectations</li><li>• loss of autonomy</li></ul>	<ul style="list-style-type: none"><li>• defiance</li><li>• aggression</li><li>• avoidance</li><li>• “challenging behavior”</li></ul>	<ul style="list-style-type: none"><li>• fight</li><li>• flight</li><li>• freeze</li><li>• fawn</li></ul>



When that window closes, survival responses can emerge automatically.



Sometimes humans need **accommodations** to access skills they already have—including communication, daily living skills, regulation, and connection.



Sometimes support begins with **compassion** for someone’s **capacity**.



Move at the **speed of safety**.

*Compassion for capacity saves lives.*

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